



# STUYVESANT HIGH SCHOOL

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[WWW.NYCAREERZONE.ORG](http://WWW.NYCAREERZONE.ORG) : STEM FOR TEENS

## Internship Info

Students benefit from internships in several ways:

- 1- They gain experience in and become familiar with a field or industry that interests them.
- 2- They learn new skills and develop talents that complement their academic credentials.
- 3- They create a network of adults who can advise, support and mentor them in the future.
- 4- Their work experience is a valuable asset in enhancing their extracurricular record for college acceptance.
- 5- It leads to personal growth, a sense of accomplishment and increased self-confidence.

Dear Parents: Here is a list of resources to help our students find a summer job or internship. An internship can be with a big or small business, a nonprofit organization or a government office. It may be full-time or part-time and can earn a stipend but is usually an unpaid position. Use your employer, family & friends, local contacts etc. to help find opportunities for your student. Good luck.

### How To Find Internships

#### Helpful Books

"The Internship Bible" - Published by The Princeton Review/Random House "Peterson's Internships 2005" - Peterson/Thomsen Publishers" "145 Things To Be When You Grow Up" - Princeton Review/Random House  
"The Best 109 Internships" - The Princeton Review

#### Resources In Stuyvesant H.S.

The library maintains a file of summer college campus academic programs, as well as travel and community service options. Guidance counselors, grade advisors and teachers are also often excellent sources of information. For research programs, students may consult our research coordinator, Ms. Samantha Daves, in room 802. Working papers for students under 18 years of age are available from Ms. Rose Murphy in the Guidance Office (Room 236.)

Information On The Internet (These sites are meant for the college level but can often lead to positions for our students.)

#### General Internship Websites:

[internshipprograms.com](http://internshipprograms.com) [internships.com](http://internships.com) [bigapplehead.com](http://bigapplehead.com) [internships4america.com](http://internships4america.com)  
[internjobs.com](http://internjobs.com) [internweb.com](http://internweb.com) [rsiinternships.com](http://rsiinternships.com) [campuscareercenter.com](http://campuscareercenter.com) [aboutjobs.com](http://aboutjobs.com)  
[realguides.com](http://realguides.com)

#### Specialized Industry/Science Websites:

sciencecareers.com sciencejobs.com new scientist jobs.com recruit.sciencemag.org  
biospace.com nature.com medzilla.com genome.gov biology dice.com techies.com  
computers/software chemjobs.org aiche.org chemistry aiaa.org aeronautics aas.org  
spacelinks.com astronomy earthwork jobs.com esa.org earth sciences entsoc.org  
entomology ams.org math earchitect.com architecture.com portfolio.com aiqa.com graphic  
design socialservice.com aicp.com adclub.com adcouncil.com advertising magazine.org  
showbizjobs.com tvjobs.com entertainmentcareers.com

**Community Service Sites:**

idealist.org nationalservice.org volunteermatch.org guidestar.org jobs for people who  
care.com nonprofitjobs.com un.org accessjobs.com

**International:** goabroad.com studyabroad.com cizee.org

**General Employment Websites: (These often contain internship sections.)**

careercurrents.com studentjobs.gov coolworks.com seasonalemployment.com summerjobs.com  
vaultreports.com jobweb.org careerbuilder.com 4work.com collegecentral.com  
careervoyages.gov nebhe.org ajb.org directemployers.com flipdog.com ye.entreworld.org