



Who We Are

Grief affects all of us, no matter what our age. Each person's reaction to death is unique, whether it is sadness, anger, loneliness, helplessness or confusion. Grief is a natural response to loss and can feel very isolating. With the support of caring people, the challenges of grief can be shared and explored.

Since 1995, the Bereavement Center of Westchester has provided a safe place for those grieving the death of someone in their lives. We believe that grief is a personal journey and that each individual deserves the opportunity to grieve in a supporting and accepting environment.

At the Bereavement Center, our staff and trained volunteers provide a safe and supportive atmosphere where each person can share their story. Through peer support groups and individual counseling, we offer the special attention needed to move through the pain of grief toward hope and healing.

Tree House Program

The Tree House Program is the cornerstone of the Bereavement Center. This ongoing program offers grief support specifically designed for children ages 4 to 18 whose parent or sibling has died, along with a separate group for their surviving parent or guardian.

Each session begins with an initial gathering and a simple meal, after which small groups convene according to age. Children are gently encouraged to share their stories through creative activities (including art, music, puppetry, storytelling and play), while teen groups provide the opportunity to discuss loss issues with peers. The adult group focuses on their own needs and issues in addition to addressing the challenges of parenting a bereaved child.



Tree House families and schools are encouraged to make donations. Nominal fees are charged for Adult Groups and Individual Counseling.

The Maggie Rose Perinatal Bereavement Program

Receiving a catastrophic pre-natal diagnosis or experiencing the loss of a baby, whether it's during pregnancy, at birth, or shortly after birth, is devastating. But there is very specialized support offered by the Bereavement Center of Westchester to help individuals and families cope with this tragic loss.

School Outreach

Offers consultation services and presentations to school staff regarding grief and loss, in addition to helping with school-based bereavement groups.

Adult Bereavement Groups

Groups include child loss, spouse/partner loss, parent loss, sibling loss and young adult loss.

Individual Counseling

Our professional counselors are available to help both children and adults.

Community Outreach and Resources

The Bereavement Center is a valuable resource when dealing with issues of grief. Consultations, materials and presentations are available.



Bereavement Center Funding

The Bereavement Center of Westchester is a non-denominational, not-for-profit, 501(c)(3) organization which relies on the community for its financial support. This support comes from many sources, including individual donors, grants, corporate sponsors, and fundraising events, each enabling us to offer our programs throughout the county and in our schools.

How You Can Help

Donations

Each year, the Bereavement Center must raise the funds necessary to operate its programs. All donations are valued and critical to maintaining our services.

Volunteer Opportunities

Volunteers are the backbone of the Bereavement Center. If you are interested in learning more about our Tree House Facilitator Training Program or other ways to help, please contact us.

Spread The Word

If you know someone who has suffered a loss and might benefit from learning more about our programs, please have them contact us.



How To Contact Us

For further information about the Bereavement Center of Westchester, please contact:

Bereavement Center of Westchester
670 White Plains Road
Suite 213
Scarsdale, NY 10583
914.787-6158, ext. 1317

www.thebereavementcenter.org

Lawrence Community Health Services (LCHS) is comprised of three agencies:

Lawrence Home Care of Westchester
Jansen Hospice and Palliative Care
Bereavement Center of Westchester

LCHS, part of the NewYork-Presbyterian/Lawrence Hospital network, services Westchester County and The Bronx.



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Hope & Healing
for Grieving Families



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